

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 6:00 AM Boot Camp 9:15 AM Cardio Interval 11:30 AM Adult BBall 6:00 PM Pilates 7:00 PM Shape Up 8:00 PM -9:30PM Gym Closed	2 10:00 AM Gentle Yoga 6:00 PM Strength & Sculpt 7:00 PM -9:30 PM Gym Closed 8:30 PM RB Challenge ct.	3 6:00 AM Boot Camp 9:00 AM Butts N Guts 11:30 AM Adult BBall 3:00 PM -5:00 Gym Closed 5:00 PM -8:00 PM Gym Closed	4 9:00 AM NIA 9:00 AM - 11:00AM RB Challenge Ct. 10:00 AM - 1PM Adult Gym 2:45 PM -5:45 Gym Closed
5 9:00 AM - 11:00AM RB Challenge Ct. 2:45 PM - 5:45 PM Gym Closed	6 6:00 AM Boot Camp 9:00 AM Get on the Ball 11:30 AM Adult BBall 3:00 PM -5:00 Gym Closed 6:00 PM Turbo Kick 7:00 PM Shape Up 8:00 PM -9:30 Gym Closed	7 6:00 PM Gentle Yoga 6:00 PM -9:00 PM Gym Closed 8:30 PM RB Challenge ct.	8 6:00 AM Boot Camp 9:15 AM Cardio Interval 11:30 AM Adult BBall 6:00 PM Pilates 7:00 PM Shape Up 8:00 PM -9:30PM Gym Closed	9 10:00 AM Gentle Yoga 6:00 PM Strength & Sculpt 7:00 PM -9:30 PM Gym Closed 8:30 PM RB Challenge ct.	10 6:00 AM Boot Camp 9:00 AM Butts N Guts 11:30 AM Adult BBall 5:00 PM -8:00 PM Gym Closed	11 9:00 AM NIA 9:00 AM - 11:00AM RB Challenge Ct. 10:00 AM - 1PM Adult Gym 2:45 PM -5:45 Gym Closed
12 9:00 AM - 11:00AM RB Challenge Ct. 2:45 PM - 5:45 PM Gym Closed	13 6:00 AM Boot Camp 9:00 AM Get on the Ball 11:30 AM Adult BBall 3:00 PM -5:00 Gym Closed 6:00 PM Turbo Kick 7:00 PM Shape Up 8:00 PM -9:30 Gym Closed	14 3:00 PM -5:00 Gym Closed 6:00 PM Gentle Yoga 6:00 PM -9:00 PM Gym Closed 8:30 PM RB Challenge ct.	15 6:00 AM Boot Camp 9:15 AM Cardio Interval 11:30 AM Adult BBall 6:00 PM Pilates 7:00 PM Shape Up 8:00 PM -9:30PM Gym Closed	16 10:00 AM Gentle Yoga 6:00 PM Strength & Sculpt 7:00 PM -9:30 PM Gym Closed 8:30 PM RB Challenge ct.	17 6:00 AM Boot Camp 9:00 AM Butts N Guts 11:30 AM Adult BBall 5:00 PM -8:00 PM Gym Closed	18 9:00 AM NIA 9:00 AM - 11:00AM RB Challenge Ct. 10:00 AM - 1PM Adult Gym 2:45 PM -5:45 Gym Closed
19 9:00 AM - 11:00AM RB Challenge Ct. 2:45 PM - 5:45 PM Gym Closed	20 6:00 AM Boot Camp 9:00 AM Get on the Ball 11:30 AM Adult BBall 6:00 PM Turbo Kick 7:00 PM Shape Up 8:00 PM -9:30 Gym Closed	21 6:00 PM Gentle Yoga 6:00 PM -9:00 PM Gym Closed 8:30 PM RB Challenge ct.	22 6:00 AM Boot Camp 9:15 AM Cardio Interval 11:30 AM Adult BBall 6:00 PM Pilates 7:00 PM Shape Up 8:00 PM -9:30PM Gym Closed	23 10:00 AM Gentle Yoga 6:00 PM Strength & Sculpt 7:00 PM -9:30 PM Gym Closed 8:30 PM RB Challenge ct.	24 6:00 AM Boot Camp 9:00 AM Butts N Guts 11:30 AM Adult BBall 5:00 PM -8:00 PM Gym Closed	25 9:00 AM NIA 9:00 AM - 11:00AM RB Challenge Ct. 10:00 AM - 1PM Adult Gym 2:45 PM -5:45 Gym Closed
26 9:00 AM - 11:00AM RB Challenge Ct. 2:45 PM - 5:45 PM Gym Closed	27 6:00 AM Boot Camp 9:00 AM Get on the Ball 11:30 AM Adult BBall 6:00 PM Turbo Kick 7:00 PM Shape Up 8:00 PM -9:30 Gym Closed	28 6:00 PM Gentle Yoga 6:00 PM -9:00 PM Gym Closed 8:30 PM RB Challenge ct.	29 6:00 AM Boot Camp 9:15 AM Cardio Interval 11:30 AM Adult BBall 6:00 PM Pilates 7:00 PM Shape Up 8:00 PM -9:30PM Gym Closed	1	2	3